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# Meringue Girls: Incredible Sweets Everybody Can Make



## Synopsis

This adorable and wildly visual cookbook announces the next big thing in desserts: Meringues! In this essential guide to delicious and pretty (not to mention low-fat and glutenfree) meringues, more than 60 creative recipes are paired with inspiring photographs by renowned food photographer David Loftus. A basic meringue mixture is spun into tasty and colorful confections, from simple kisses to lemon tarts topped with glamorously bronzed peaks. A chapter on using up leftover egg yolks in luscious sauces and curds rounds out this compelling package. From weekend dabblers to expert cooks obsessed with technical perfection, bakers of every skill level will be sweet on Meringue Girls.

## Book Information

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Average Customer Review: 4.1 out of 5 stars [See all reviews](#) (21 customer reviews)

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## Customer Reviews

I just got this book and I am frustrated with it for 2 reasons. It's a one project book (and I knew that when I ordered it) to learn how to make striped meringue kisses. That involves three things--making the meringue, piping the kisses with colored stripes and baking them. I am a pretty confident baker but I wasn't sure how to color the meringues, specifically what food coloring to use. As meringue is really sensitive to liquids and oils I didn't know intuitively what food coloring product to use and I didn't feel like going through a bunch of trial and error so I did the lazy thing and bought the book. In the whole book the only thing said about food coloring is this: "Using natural food coloring...". That's the only time it's mentioned. In my house I have liquid, gel, paste and air brush food coloring. The book doesn't tell me which products will work and which ones won't and it doesn't tell me why the authors use natural food coloring. Is it a preference of the authors or will my meringues absolutely

deflate if I use a commercial product? I have no more information than I did before I bought the book. The second reason I am frustrated is the interactive content. There are 9 or 10 interactive videos referenced in the text. Maybe there is more information in the interactive content but it is only accessible through an app called Layar and I don't have a smartphone. The book lists no other way to access the videos. If I wanted to buy a smartphone with an app called Layar on it I would have ordered that but I ordered a book. Please give me more than one way to access your interactive content. So frustrating.

Wonderful book to guide you through meringue creations. Plenty of creative ideas. I'm a guy so my buddies like to make fun of me having the book with 'girls' in the title. Then they taste the awesome product of my creations and they understand! Meringues are a great high protein sweet that made me feel better about eating than other alternatives! Become a meringue gangsta like me. Meringuesta!

This is such a fun book. I love all the other Meringue options and the creativity of these girls is awesome. I have been making boring Meringues for years and now I make Chocolate filled awesomeness!

Love this book. My niece is gluten free so it's nice to have a whole (mostly) book of desserts she can eat that don't call for strange things like xanthan gum. The meringue cakes are especially great!

Great Book that has yummy pictures and lots of good recipes. I don't eat a lot of sweets but I definitely will be making some things from this book. The pictures are so wonderful inside that my baby grandson loves to look at them.

The book came on time and is super cute! The recipes look great and are in US measurements. The only issue is that I don't have a kitchen aid mixer(stand mixer) and I thought my hand mixer would be fine since I've made meringues in the past with it. I was wrong. It would start to thicken and then quickly turn into a mess. Super watery. I even broke my whisk attachment and got sugary egg white all over the place the two times I've tried it. Still finding egg white in various places in my kitchen! Haha. I see that other people have had great outcomes so I'm going to assume my arm is just not as fast as a stand mixer. I'm getting married soon so if someone gets me a stand mixer I'll

be sure to try again and leave another review. But until then, I don't suggest getting it unless you have access to a stand mixer.

The book seems a bit jumbled. For someone just starting out making meringues, I need more example pics and a more organized "How to" set of instructions..

Absolutely love this book. Very creative, want to try all the recipes. Bought two and gave it as a gift to my friend. She loved it as well. Buy it!

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